

RESOURCE GUIDE



Office of
Mental Health



Oneida County

This resource guide includes information about where you can find help in your local community. All the programs and services listed below allow you to self-refer and some may offer walk-in appointments.

Crisis Services & Support

Crisis Stabilization Center (CHBS)

24/7 walk-in center for mental health crisis.

1002 Oswego St Suite 2, Utica, NY 13502

(315) 520-7802

Call or walk-in anytime for MH and SUD support, counseling, and referrals to resources in a home-like setting.

Mobile Crisis (The Neighborhood Center)

24/7 number to call in moments of mental health crisis.

(315) 732-6228 or (844) 732-6228

Crisis team will rapidly respond to you at your home or in the community if necessary. They can bridge empty psych scripts. Local **988** provider.

Mental Health Treatment & Rehabilitation

Helio Certified Community Behavioral Health Clinic

Outpatient clinic w/ extensive hours and services.

500 Whitesboro St, Utica, NY 13502

(315) 724-5168 **Standard Hours:** Mon-Thurs 8 am-8:30

pm & Fri-Sun 8 am-4:30 pm **Walk-In Hours:** 8 am-3:00 pm daily. 1-on-1/group mental health/substance services.

The Neighborhood Center Utica Clinic

Outpatient clinic with walk-in hours.

628 Mary St, Utica, NY 13501

(315) 272-2700 **Standard Hours:** Same as Rome clinic.

Walk-in Hours: Tues 11 am-2 pm, Wed 9 am-10am & Fri 8:45 am-11 am. Do not need to be a client at either clinic.

Mohawk Valley Psychiatric Center Clinics

Outpatient clinics with self-referral process.

227 W. Dominick St, Rome, NY 13440, (315) 336-6230

1400 Noyes St, Utica, NY 13502, (315) 738-4440

Monday—Friday, 8 am—4:30 pm

Call to begin self-referral process.

The Neighborhood Center Rome Clinic

Outpatient clinic with walk-in hours.

199 W. Dominick St, Rome, NY 13440

(315) 272-2730 **Standard Hours:** Mon, Wed & Fri 8:30

am-4:30 pm, Tues & Thurs 8:30 am-8 pm. **Walk-in Hours:** Mon 11 am-2 pm & Thurs 8:45 am-11 am.

Community Health & Behavioral Services

Outpatient clinic with walk-in hours.

1002 Oswego St, Utica, NY 13502

(315) 798-8868

Standard Hours: Mon, Tues & Fri 8 am-4:30 pm, Wed & Thurs 8 am-8 pm. **Walk-in Hours:** Mon-Fri, 9 am-3 pm.

Oneida County Single Point of Access (SPOA) County program for mental health, support, and housing. (315) 768-3660

Call between 8:30 am and 4:30 pm Monday—Friday.

Program connects people to a variety of mental health resources. Even just calling can be very informative.

Peer Support Services

Adult Recovery Services (ARS) — Rome Psychosocial club operated by The Neighborhood Center. 199 W. Dominick St, Rome, NY 13440
(315) 272-2736

Mon-Fri, 8:30 am-4:30 pm (new intake daily until 3 pm).
Informal social setting fostering collective mental wellness

Community Health & Behavioral Services

Outpatient clinic with peer support services.
1002 Oswego St, Utica, NY 13502
(315) 798-8868

Standard Hours: Mon, Tues & Fri 8 am-4:30 pm, Wed & Thurs 8 am-8 pm. **Walk-in Hours:** Mon-Fri, 9 am-3 pm.

Adult Recovery Services (ARS) — Utica Psychosocial club operated by The Neighborhood Center. 15-17 Hopper St, Utica, NY 13501
(315) 272-2661

Mon-Fri, 8:30 am-4:30 pm (new intake daily until 3 pm).
Informal social setting fostering collective mental wellness

Center for Family and Recovery

Family support agency with peer services.
502 Court St, Suite 401, Utica, NY 13502
(315) 733-1709

Hours: Mon 8:30 am-4 pm, Tues/Wed 8:30 am-8 pm, Thurs 8:30 am-7 pm, Fri 8:30 am-12 pm

Addiction or Substance Use Treatment and Support

Helio Certified Community Behavioral Health Clinic

Substance resources on scheduled and walk-in basis.
500 Whitesboro St, Utica, NY 13502
(315) 724-5168 **Standard Hours:** Mon-Thurs 8 am-8:30 pm & Fri-Sun 8 am-4:30 pm **Walk-In Hours:** 8 am-3:30 pm daily. 1-on-1/group substance use services.

Crisis Stabilization Center (CHBS)

24/7 walk-in center for mental health or SUD crisis.
1002 Oswego St Suite 2, Utica, NY 13502
(315) 520-7802
Call or walk-in anytime for MH and SUD support, counseling, and referrals to resources in a home-like setting.

MATTERS Network: (765)-MATTERS. Substance use and peer support. Telehealth appts 11 am-11 pm daily.

OASAS 24-Hour Hopeline: 1 (877)-8-HOPENY

Community Health & Behavioral Services

Outpatient clinic with SUD services and walk-in hours.
1002 Oswego St, Utica, NY 13502
(315) 798-8868

Standard Hours: Mon, Tues & Fri 8 am-4:30 pm, Wed & Thurs 8 am-8 pm. **Walk-in Hours:** Mon-Fri, 9 am-3 pm.

Rome Health Community Recovery Center Outpatient substance use services.

264 W. Dominick St, Rome, NY 13440
(315) 334-4701
Hours: Mon/Wed/Fri 8 am-4 pm, Tues/Thurs 8 am-8 pm.
Walk-ins accepted Mon/Wed/Fri 8 am-11 am.

Alcoholics Anonymous (AA): (315) 210-6644

Narcotics Anonymous (NA): (315) 847-3842

Call 24/7 for information on groups in Oneida County.

Other Services

Oneida County Department of Social Services

800 Park Ave, Utica, NY 13501
(315) 798-5700, Monday—Friday, 8:30 am—4:30 pm
Call for housing, temporary, Medicaid, SNAP, or HEAP assistance.
Call **211** for after hours assistance.

[For More Oneida County Resources,
Please Visit Their System of Care Website:](#)



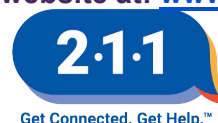
Central New York Health Home Network (CNYHHN)

Care management service.
Rome: (315) 272-7498 **Utica:** (315) 624-9670
Eligibility is contingent on having two chronic conditions **OR** a single qualifying serious chronic condition (including schizophrenia and bipolar disorder).

To find more mental health programs and services, visit our website at: www.omh.ny.gov



BeWell.ny.gov



Get Connected. Get Help.™